Walter's Run 5k

Sunday Dec. 13, 2009 11:00 am

West Roxbury / Roslindale YMCA

15 Bellevue St. West Roxbury, MA

Free Little Kid's Race @ 10:40 am

Hosted by the ***Parkway Running Club***

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We dedicate this race to Walter D. Burgess, 1963-2003

Sponsors:

- **w Yoga For You** YogaForYou.net
- **w Donahue Real Estate**
- w Hyde Park Savings
- w James W. Hennigan Insurance Agency
- w St. Kitts Condo for rent JonahSeaLoft.com
- w Gilmore Reality
- w Mike Rush, Representative
- w Ameriprise Financial Advisors
- w Lawlor & Crosby Funeral Service
- w PeopleSERVE w West Roxbury Motors
- w Ferris Wheels Bike Shop
- **w Generous donations provided by** Julia Kim, Marjorie O'Malley, Dorothy Giarla & John Govoni
- **w Refreshments provided by** Roche Brothers, Finagle a Bagel, Dancing Deer Bakery, Starbucks, Fornax Bread

Proceeds Benefit –

- *Globe Santa Program*
- *YMCA Reach Out Campaign*
- *Walter Burgess Scholarship Fund*

This is a great Boston race!
Scenic course through Boston's West Roxbury neighborhood. USATF sanctioned race with mile splits, water stop and course security. Running gloves guaranteed to the first 200 entrants. Wheel measured course. Lots of food, drink and coffee!!! Tons of drawings and giveaways. Trophies to overall male, female and wheelchair winners. Awards to age groups winners 3-deep. Family friendly. Ribbons and Candy Canes for all Kids Race participants. Timing by Spitler Race Systems.

Need more info?
617.323.3200 x412 or
www.WaltersRun.org

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Make checks payable to: **PRC/*Walter's Run.*** All entry fees are non-refundable.
MAIL FORMS TO: *Walter's Run*, c/o WR/Roslindale YMCA, 15 Bellevue St, West Roxbury, MA 02132
ONLINE REGISTRATION: www.WaltersRun.org

Full Name: _____ Email: _____

Address:_____

City: _____ State:_____ Zip: _____

Age on Race Day: ___ Sex: ___ Wheelchair ___

Check all that apply:
❑ $20 Registration
❑ Kid's Race – Free!
❑ *Additional Donation* $_____

I understand that running is a potentially hazardous activity, that the race course is not shut down to traffic during this event, that I should not enter this event unless I am medically able and properly trained, and I attest that I am physically fit and have sufficiently trained for this event. I assume all risks associated with participating in the event. I, for myself, my heirs, assigns or anyone entitled to act on my behalf, waive and release the Parkway Running Club and its officers and members, the YMCA of Boston, race sponsors, organizers, officials and volunteers, their representatives and successors, from any and all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of persons or entities named in this waiver.

Signature _____ Parent Signature if under 18 _____ Date _____